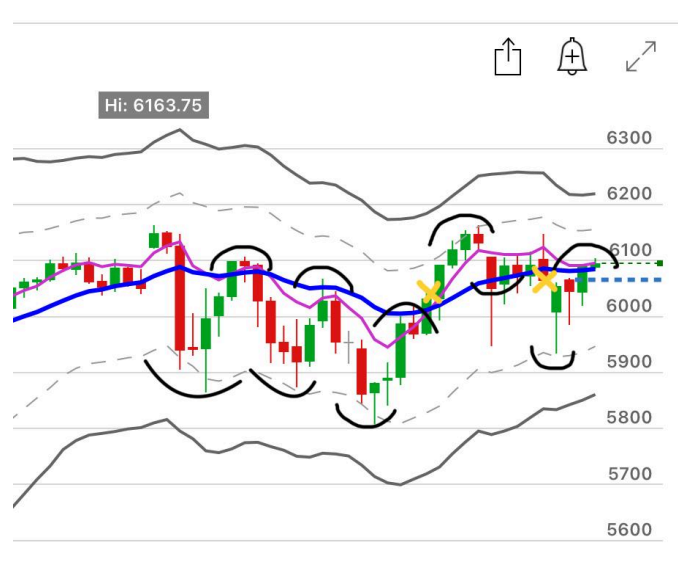


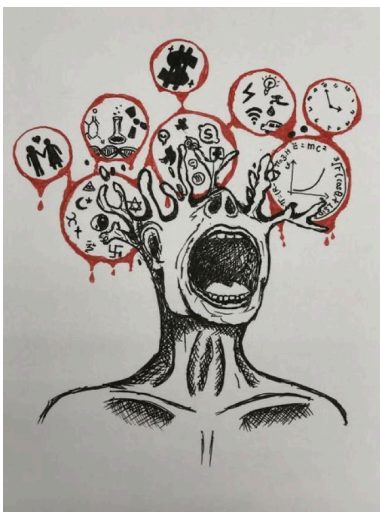
TRADING DAY

As I said yesterday, today was one of the top 10 worst trading days I have ever experienced. Why? Well, let me separate my actions versus my mentality. Completely broken. And to top the day off.. Ran into Sears, and Lynda had a meltdown by the time we hit the house. NOT A GOOD DAY 😞. Hoping tomorrow is better.

My Actions. I got away from the model because if I were trading the model, I would be selling first, catching bounces second. Why? My vision of what you see here. This is where "mentally" I am. Whether you think this is a correct vision or not... THIS IS WHERE MY EYE IS... I see this chart and look at many other



technical charts and see the market in a double top-up against the mean in a macro model. I AM A SELLER! So, my trades... ALL of them were wrong. I made bad decisions trying to think to buy when I wanted to sell... when I missed the correct point of entry, then I chased only to enter too high in the option move and quickly get out because I was not at the correct point of entry. Or, I buy/sell, and it's a false move. Basically, it's some of the most amateur trading that I have ever executed (in the past two days).



Whether you care to give this one ounce of thought is basically irrelevant. It is MY reality! You have your view of what I am doing and, more over... what you want me to do. I have repeatedly discussed with you that it's not what I do. I can not TRADE, and PORTFOLIO manage. Not many people who call themselves traders can do so. For some "mule" reason, you feel you know me

better than I know myself. You put me down, make ugly comments and then say I am "lying" to you!!!

I love you so much and want nothing more than to please you and make money trading for you. But as I said in my text last night... I can not do both. If I am going to Trade... I ONLY want to trade during the day. I will assist in strategy and risk discussions every evening and someone else can manage the fund. IF, I am going to manage a fund... then I want to start on a salary starting Monday, and I will not trade one time! I can not do both and will not.

Maintaining a sense of peace in my soul is more important at 64 than making money. I love LOVE trading. I am aware there are days that are not good. But I am confident in the ZERO strategy, and if done correctly, it will yield us FAR more than your portfolio. As I showed you yesterday, there was over 16k in the day, and I lost \$1600. When I recap the day, and I see this... "I KNOW" I am mentally out of sync with life.

SO!, we will see. It is your call! But whichever it is... It starts MONDAY!! I want to trade ZERO today and tomorrow to see if I am merely dreaming or if I see what I see. AND I do this without one word from you... You can Monday morning quarterback (as so many of your texts are... that we will not discuss) on Sunday when I get back from my church retreat!



Accounting

As always, the positions are in Blue, and trading is in yellow. I closed all but a 10 lot of SPY puts spreads, so I did not have mental distractions in trading.

Account Performance		Mon	Tue	Wed	Thu	Fri	Weekly Week Ending
		Feb/03	Feb/04	Feb/05	Feb/06	Feb/07	
Deposits / Transfer		-	-	-	-	-	-
Equity Net Liq		34,858	32,184	29,398	-	-	29,398
Forex Net Liq		3,885	4,125	4,070	-	-	4,070
Commissions		-	-	-	-	-	-
Account P/L		38,523	36,309	33,468	-	-	(5,280)
		(831)	(2,214)	(2,841)	-	-	
/BITCOIN	CRYPTO ACCT	-	280	(55)	-	-	205
ZD	ZERO DAY	(1,055)	(479)	(1,693)	-	-	(3,227)
/M8e	EUR/USD	-	-	(15)	-	-	(15)
/M8e	GBP/USD	150	(95)	-	-	-	55
/MCL	CRUDE OIL	(109)	-	-	-	-	(109)
/MES	MINI FUTURE	148	-	-	-	-	148
/MGC	GOLD	-	-	-	-	-	-
/MNQ	NASDAQ	-	-	-	-	-	-
/SR3	FED FUNDS	-	-	-	-	-	-
/ZN	10 yr NOTE	-	-	-	-	-	-
/ZT	5 yr NOTE	-	-	-	-	-	-
AAPL	APPLE	-	-	-	-	-	-
BRCHF	BRAINCHIP	(17)	7	5	-	-	(5)
GOLD	GOLD	-	-	-	-	-	-
GOOGL	GOOGLE	-	-	-	-	-	-
JBLU	JET BLUE	(20)	(150)	(90)	-	-	(260)
JPM	JP MORGAN	(248)	-	-	-	-	(248)
META	META	(596)	(485)	(385)	-	-	(1,467)
MSTR	MICROSTRATEGY	-	-	-	-	-	-
NVDA	NVIDIA	-	-	-	-	-	-
PLTR	PALANTIR TECH	901	-	-	-	-	901
QQQ	QQQ	(70)	-	-	-	-	(70)
SLV	SILVER	-	-	-	-	-	-
SMH	SEMI COND.	-	-	-	-	-	-
SPXS	3X SPX	-	-	-	-	-	-
SPY	S&P500	321	(1,090)	-	-	-	(769)
XLF	FINANCIAL	-	-	-	-	-	-
AAL	AMERICAN AIRLINES	-	-	(8)	-	-	(8)
		480	(2,032)	(2,241)	-	-	(4,887)

8:53 PM Wed Feb 5

All Accounts

Net Liq Value: \$29,397.54 Available \$: \$28,282.54 Buying Power: \$57,283.34

Symbol	P/L Day	P/L Open	Net Liq	Trade Price	Mark	Delta	P/L YTD
Account: Individual							
AAL	AMERICAN AIRLINES	(\$6.00)	\$0.00	\$0.00	0.00	16.96	0.00 (\$6.00)
BRCHF	EUR/USD	\$4.59	\$0.00	\$0.00	0.0000	0.19	0.00 (\$48.65)
JBLU	JETBLUE AWYS	(\$90.00)	\$0.00	\$0.00	0.00	6.12	0.00 \$1,038.00
META	META PLATFORM	(\$386.56)	\$0.00	\$0.00	0.00	704.87	0.00 (\$9,250.00)
SPY	SPDR S&P 500 ETF	(\$250.00)	(\$170.00)	\$570.00	0.00	604.89	-24.35 \$1,299.00
/MES	Micro E-mini S&P	\$0.00	\$0.00	\$0.00	0.00	6093.25	0.00 \$418.75
/SR3	Three-Month SOF	\$0.00	\$0.00	\$400.00	-	95.745	1732.07 (\$375.00)
	SPDR S&P 500 ETF	\$0.00	\$0.00	\$400.00	0.0050	0.005	1732.0745
	EUR/USD	(\$15.70)	(\$15.70)	\$0.00	0.00000	1.039605	- (\$15.70)
	SPX	(\$1,693.57)	(\$175.00)	\$145.00	0.00	6061.48	-27.08 (\$1,910.00)
	S & P 500 INDEX	(\$303.57)	\$0.00	\$0.00	0.00	0.025	0.00
	S FEB 25 5980 P 100	(\$200.00)	\$0.00	\$0.00	0.00	0.025	0.00
	S FEB 25 5985 P 100	(\$530.00)	\$0.00	\$0.00	0.00	0.025	0.00
	S FEB 25 6025 P 100	(\$280.00)	\$0.00	\$0.00	0.00	0.025	0.00
	S FEB 25 6045 P 100	(\$150.00)	\$0.00	\$0.00	0.00	0.025	0.00
	S FEB 25 6055 P 100	(\$30.00)	\$0.00	\$0.00	0.00	6.60	0.00
	S FEB 25 6055 P 100	(\$25.00)	(\$25.00)	\$25.00	0.05	0.025	-21.4225
	S FEB 25 6060 C 100	(\$25.00)	\$0.00	\$0.00	0.00	1.60	0.00
	S FEB 25 5950 P 100	(\$150.00)	(\$150.00)	\$120.00	0.90	0.40	-5.6552
Overall Totals:		(\$2,437.24)	(\$360.70)	\$1,115.00	-	-	1680.64 (\$8,849.60)
P/L Day:		(\$2,437.24)	Available \$:		\$28,282.54		
P/L Open:		(\$360.70)	Position Equity:		\$28,682.54		
Net Liq:		\$29,397.54	View Balances				

Positions Watchlist Orders Logout Overview Trade More

The Account Performance Report will be loaded on the Website each day like this Journal.... I hope this is what you are wanting.

MARKETS

I will update markets later this morning. I will typically do this in the evening but last night we had to be in Corpus to meet with Client (and of course have the very unpleasant fortune to run into the mouth). I am sitting down for sermons with Lynda. I will talk to you in 45.